



LUNCH

TACOS

Our "Famous" Fish Tacos ~ 13.95

The original ~ Panco breaded fried flounder w/ our signature slaw, chipotle mayo, and peach/mango salsa.

gf Shrimp Tacos ~ 14.95

Grilled shrimp, iceberg lettuce, chipotle mayo, avocado and corn salsa, served on warmed corn tortillas.

gf Baja Style Tacos ~ 14.95

"Catch of the day" pan seared w/pico de gallo, avocado, shredded red and green cabbage, and cilantro lime crema.

V Veggie Tacos ~ 12.95

Market vegetables, pico de gallo, avocado, iceberg lettuce, queso fresco, and chipotle mayo.

BURGERS SERVED w/ PICKLES & CHIPS

The "Whaler" Burger ~ 10.95

7oz. w/lettuce, tomato & red onion on a sesame seed bun. Add cheese ~ 1.25; bacon ~ 2.00; Sautéed mushrooms & onion ~ 3.00

The "Killer Whale" Burger ~ 15.95

12oz. Burger w/lettuce, tomato & red onion on a Kaiser roll. Served with our signature slaw. Add cheese ~ 1.25, bacon ~ 2.00, sautéed mushrooms & onion ~ 3.00

V Veggie Burger ~ 10.95

Served on a sesame seed bun w/lettuce, tomato & red onion. Add cheese ~ 1.25

SPECIALTIES

Vgf Quinoa Bowl ~ 12.95

Sautéed quinoa w/ garlic, onion & mushroom; topped w/ roasted fresh corn, avocado, cucumber, tomato, and iceberg lettuce; drizzled with lime chipotle mayo. Add grilled chicken ~ 3.50; grilled shrimp ~ 6.00

V Eggplant Parmesan w/ Zoodles ~ 14.95

Eggplant parmesan with fresh tomato sauce over zucchini noodles with pesto sauce..

Chicken Quesadilla ~ 12.95

Grilled chicken, Monterey Jack cheese, Pico de Gallo, lettuce, guacamole & sour cream.

V Mushroom Quesadilla ~ 14.95

Sautéed mushrooms, onions, leeks, truffle oil & muenster cheese. Served with caper gremolata.

Chicken Paillard ~ 14.95

Grilled chicken, baby arugula, caper berries, roasted cherry tomatoes, shaved Parmesan, lemon vinaigrette, & red onions, drizzled with balsamic reduction.

V Avocado Toast ~ 10.95

Chunky guacamole made fresh per order, on 12 grain toast topped with feta. Add 2 eggs any style ~ 3.00; grilled shrimp ~ 5.00

Spinach and Bacon Quiche ~ 10.95

Served on greens with homemade vinaigrette dressing.

Mushroom, Onion, Broccoli Quiche ~ 10.95

Served on greens with homemade vinaigrette dressing.

WRAPS SERVED w/ PICKLES & CHIPS

Buffalo Chicken Wrap ~ 13.95

Fried chicken cutlet with Buffalo sauce, lettuce, tomato, bacon, crumbled blue cheese, and blue cheese dressing.

Grilled Chicken Wrap ~ 13.95

Seasoned grilled chicken, avocado, bacon, lettuce, tomato, w/ chipotle mayo.

Cobb Salad Wrap ~ 13.95

Grilled chicken, avocado, tomatoes, crumbled blue cheese, lettuce and ranch dressing.

Chicken Caesar Salad Wrap ~ 13.95

Grilled chicken, Romaine lettuce, croutons, parmesan cheese, Caesar dressing.

California Turkey Wrap ~ 13.95

Fresh home-roast turkey, Iceberg lettuce, tomato, avocado, bacon, Swiss cheese, and Ranch dressing.

SANDWICHES SERVED w/ PICKLES & CHIPS

Steak Sandwich ~ 14.95

Steak, sautéed mushrooms and onions, & mozzarella cheese, served on a baguette.

Cuban Hero ~ 13.95

Roast pork, ham, Swiss, pickles, mayo & mustard.

Turkey Club ~ 12.95

Sliced turkey breast w/hickory smoked bacon, lettuce, tomato & mayo. Add cheese ~ 1.25

B.L.T. ~ 9.95

The classic bacon, lettuce & tomato w/mayo. Add cheese ~ 1.25, avocado ~ 2.00

Reuben Sandwich ~ 13.95

Your choice of corned beef or turkey w/Swiss cheese, sauerkraut, and Russian dressing, served on rye.

Philly Cheese Steak Hero ~ 13.95

Steak, peppers, onions, garlic & mozzarella served on a hero.

Pulled Pork Sandwich ~ 13.95

Pulled pork w/ BBQ sauce, served on a sesame seed bun with a side of our signature slaw.

Super Grilled Cheese ~ 11.95

Swiss, American, bacon, tomato & avocado.

Grilled Chicken (or Breaded) Sandwich ~ 10.95

Served on a sesame seed bun w/lettuce, tomato & mayo.

Cold Sandwiches ~ 9.95

Sliced turkey or maple ham on your choice of bread w/ lettuce, tomato & mayo. Add cheese ~ 1.25, bacon ~ 2.00

Bread Options: White, Whole Wheat, Rye, 12 Grain, Pumpernickel, Raisin, **Gluten Free ~ add 2.00**

Cheese Options: American, Cheddar, Swiss, Mozzarella

SALADS

gf "Bird in Hand" Chicken Salad ~ 12.95

White meat chicken blended w/ apples, cranberries, walnuts, parsley flakes & a touch of mayo (served as a sandwich or on a bed of greens).

gf Curried Chicken Salad ~ 12.95

White meat chicken blended w/ curry powder, salt, pepper, walnuts, celery & a touch of mayo (served as a sandwich or on a bed of greens).

Caesar Salad ~ 10.95

Romaine lettuce, croutons, parmesan cheese, Caesar dressing. Add chicken ~ 3.00, shrimp ~ 5.00

Chef Salad ~ 15.95

Romaine lettuce w/ ham, turkey, hard boiled egg, Swiss, tomatoes & carrots w/our homemade vinaigrette.

Cobb Salad ~ 15.95

Romaine lettuce, bacon, avocado, tomatoes, crumbled blue cheese, grilled chicken & Ranch dressing.

Greek Salad ~ 12.95

Romaine lettuce, peppers, tomatoes, kalamata olives, red onions, feta cheese & Greek dressing.

KIDS OF ALL AGES

V Grilled Cheese ~ 7.95

Served with pickles & chips. Add bacon ~ 2.00; tomatoes ~ 1.25 pickles ~ 1.00; jalapeños ~ 1.00; avocado ~ 2.50

Chicken Tenders ~ 11.95

gf Tender fresh chicken pieces lightly fried. Served w/ our signature slaw (adults portion only) & your choice of Bar-B-Q, Honey Mustard or Chipotle Mayo. Child's portion \$8.95

Fried Clams ~ 12.95

Served with tartar sauce & cole slaw.

Hot Dog ~ 4.50

Served with pickles & chips. Get 2 dogs for 8.00 Add kraut or cheese ~ 1.25

Tater Tots ~ 3.95



v = vegetarian

gf = gluten free

* Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have a medical condition.

111 Main Street, Cold Spring Harbor, NY